

# Parent's Page

## March



We will be using the theme of **People Who Help Us** to introduce your child to different areas of learning. If you would like to follow this up at home, here are a few ideas to try!

### TALKING

- Discuss your job - what do you do each day, do you wear a uniform, drive a van, use specialist tools, care for the babies in the house or go to college to train for a new career etc.
- What did you want to be when you were young - what might your child like to do as an adult? Why?
- As you carry out jobs around the house explain what you are doing. - preparing dinner/ hanging out the washing/ caring for pets. Encourage your child to think why the job helps those who live in the house.

### MAKING

- Help your child to make a list of the jobs that they could do in a week to be helpful using drawings and key words. Stick the list up where your child can tick off the jobs as they are done. e.g. make their bed, recycle the milk cartons, put their dishes in the sink, tidy up their toys

## STORIES

- Visit your local library to look for books about 'People who help us'.
- Share stories about the people who helped you when you were a child - a milkman bringing milk, a lollypop person helping you cross the road, a doctor caring for you when you were ill.

## IN THE HOME

- Ask your child to help with safe cleaning jobs such as dusting. Encourage them to help you to sort washing and enjoy pegging it out to dry. Identify matching socks. What would happen if you didn't do these jobs - not collecting the bins, leaving dirty dishes or food out of the fridge?

## OUT AND ABOUT

- As you walk outside help your child to recognise people who help in the community such as shop assistants, ambulance drivers, postmen and so on
- Look for signs that indicate people who help us e.g. the green cross of a chemist or a uniform. Help your child recognise ambulances, fire engines sirens etc. Look out for the people who deliver the post and newspapers, refuse collectors and vehicles for carrying food.

## WHAT ARE THE OPPORTUNITIES FOR LEARNING?

- Becoming more aware of people who are helpful and how to be helpful
- Experiencing handling different materials
- Asking questions, investigating and exploring
- Enjoy rhymes, stories and talking